

# YOUR ADVENTURE STARTS HERE...

This list is a guide to what you will need when staying at 1 of our centres. Please be mindful of the activities you will be doing & check our website or with the centre you will be visiting for any specific kit guidance for these activities.



...be prepared when you pack for your visit!

## KIT LIST

### Clothing:

- Trainers for dry activities
- Wellies (if muddy)
- Trousers/shorts (below the knee) for activities (not jeans)
- Warm Jumpers
- Underwear
- Swimming costume (where appropriate)
- Waterproof jacket (and trousers if you have them)
- Warm coat, hat, scarf, gloves (winter groups)
- Sun hat, sun cream (summer groups)
- (Old) trainers for watersports
- Indoor Shoes
- T-shirts
- Suitable Nightwear

### Other Items:

- Towels (for showering and for activities)
- Plastic drink bottle
- Torch
- Cuddly Toy
- Pocket money for Rock Shop
- Washbag (soap, shampoo, toothpaste and brush etc)
- Bag for muddy kit

Please ensure **ALL** items are clearly labelled with your child's name and that any medication they will require is given to their leaders with clear instructions. Please **DON'T** bring mobile phones, electronic games, jewellery/valuables etc or clothes that you mind getting muddy/wet on activities.

