

**Sports Education
activities this term**

- Basketball
- Bench Ball
- Dodgeball
- Gymnastics

NEWS

The Sports Honors' boards have been ordered and will be a more modern format. They are due to arrive any time soon and names will be updated.

After School Clubs from October Half term to Christmas.

Monday - Table tennis and Badminton (from November 14th)

Tuesdays - Boys Basketball

Wednesday - Futsal for year 7 boys and girls.

Outdoor training for year 8 and 9.

Trampoline Year 8 and 9 only.

Thursday - Girls Basketball

All Boys and Girls Rugby

Fitness is every night - pay online £1 and sign up for a slot outside the PE office.

Don't forget to wrap up warm after half term. We allow plain long sleeved tops under PE shirts, plain black fleeces and tracksuits



The Physical Times

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Sharing Wollaston School Success

This year Kim Bates qualified for the 2016 Horse of the Year Show (HOYS) held at the Birmingham NEC on her pony, Brickfield Jack. Jack is a Welsh Mountain Pony Section B and they qualified for the NPS/Baileys Horse Feeds Mountain & Moorland Ridden Welsh B Pony of the Year class. The Horse of the Year Show is known as "The World's Most Famous Horse Show" and it is most rider's dream to compete in.

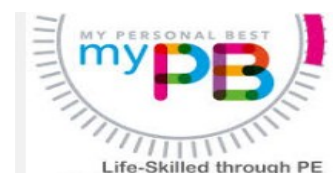
They qualified for the show in August at the National Welsh Horse Show by winning the qualifying class and then standing champion over 100 other ponies who turned up that day. Kim described competing as an 'awesome feeling and one hard to describe!'

Back in July, Jack and Kim also qualified and competed at the Royal International Horse Show where they were 2nd in the Open Ridden Welsh section A&B class. Kim gained the highest placed junior rider and this qualified them for the championship where they stood champion!



Wollaston PE department is one of the hundred schools across the country who have been successful in bidding to run the new Youth Sport Award. The award aims to support and recognise pupils excellent habits related to health and wellbeing. As a department we are aiming to achieve the Bronze award with a pilot group before February and then intend to open the awards up for more students. Pupils must meet strict criteria across many areas such as Activity levels (minimum 1 hour a day) Wellbeing, Leadership, Achievement and Reflection. Watch this space for more details on the excellent work of our pupils.

The PE faculty is also running a new health scheme called my **Personal Best**. The aim is to use PE to teach young people vital key skills like creativity, aspiration, resilience and empathy. The skills for this term are resilience and self management. If you have any community stories about our students related to these skills then please share them with us.



Wollaston has their own Ellie Robinson!

The world seemed captivated by the Rio Olympics and Para Olympics and none more than pupils and staff at Northampton High School. They had the privilege of seeing one of their very own claim gold in the pool, Ellie Robinson. The achievement of this young lady must be an inspiration to everyone and show that hard work does pay off. Here at Wollaston we have our very own pocket rocket in waiting, Maisie Summers-



Newton (a present year 10 Student). Masie competes in the same discipline as Ellie and finished third behind her in the 50m Fly in the internationals at Glasgow last year. Masie presently trains eight times a week at Northampton Swimming Club. Her best event is 100m back stroke and she was recognised at a scouting event run by NSPORT when she was in year 8. She is presently on the World class podium potential program which means she is expected to get a medal at Tokyo 2020. Ellie



was extremely pleased and proud to see Ellie win her gold as she has trained every day with her for the last year and half. At present Masie is ranked 8th in the world at 100m back and 200m, this is in the S6 classification which includes ladies as well as girls. One to watch and keep up the hard work Masie!

Premier Manager, Sean Dyche praises Year 8 Football Team

The Year 8 Football team have started the season in impressive fashion and have only been beaten once this year. The team have picked up where they left off in Year 7 and continue to play an attractive, attacking style which has drawn plaudits from many spectators throughout their matches so far. At the time of writing the team are sitting top of their district and are awaiting the next round of the County Cup.

The team drew NSB in the last round of the County Cup and little did they know that a Premier Manager was watching over their win. Sean Dyche had come to watch his son (a pupil at NSB) and was truly impressed by our pupils sportsmanship and game plan. Sean complimented Mr Bevan's tactics and told him his team were *playing good football!* Keep up the good work boys and well done to Mr Bevan as team manager.

Netball News

The year 10 and 11 teams have played this term and played Weavers School, Manor School, Higham Ferrers, Sir Christopher Hatton and Huxlow. The Year 11 team are unbeaten so far and consists of :Lily Gavin, Emily Davies, Ella Gurr, Hannah Smith, Jace Wright, Ellie Hillyard, Harriet Tuggle, Kennedy Newell, Courtney Laughton & Alice Cronin. The Year 10 team consists of: Diaz Ryan, Jasmine Weir, Lara Maughan, Molly Walden, Malinee Thongmata, Caitlin Taylor, Lucy Stevens, Georgia Sibcy, Chloe Harris. They only lost to Manor and Higham Ferrers this year.



Rugby



This year has been a successful year so far with rugby union ,the Wednesday club is busy with new players looking to find a passion for the game and success in fixtures from key stages 4 and 5.

The Sixth Form had the first fixture of the year with their county 7's tournament. They competed well and managed to finish a competitive third after victories against Pitsford and a draw against Caroline Chisholm. Special mention goes to Sean Lydell who managed to gain the award for player of the tournament. Next up we had the year 11 team fighting for a place in the U16 plate final across the county. They were pitted against Malcolm Arnold school who fought hard but eventually Wollaston booked their place with a 17-3 win away from home. The award of captain cruelty (best defensive player) was given to Will Tipler and the man of the match was Morgan Skett.

The year 11 team had a 7's tournament the following week, they finished an impressive 4th. After a couple of students became unavailable it seemed they may be up against it but with hard work and some great finishes against the likes of Pitsford they earned their 4th place. Man of the tournament went to Kieran Pritchett who was outstanding in both attack and defence.