

Dear parents/carers,

Welcome to our new monthly Safeguarding and Wellbeing bulletin. This will share with you the work we do with our young people to help them navigate the challenges they face as they progress through their teens and into adulthood, confident that they can make the right choices and know where to seek support should they need it. Additionally, we recognise there are times where we need extra support, we will be sharing with you information we receive from our partners in both safeguarding and wellbeing which we hope will be of use.

## **September at Wollaston**

### **Safeguarding Team**

This first bulletin would seem to be the ideal place to introduce the Safeguarding Team.

At Wollaston we place the safeguarding of young people and our colleagues at the forefront of everything that we do and as such, have a robust team of trained safeguarding colleagues. This includes members of the senior leadership team, all heads of years and additionally our Safeguarding and Early Help Support Officer.

If you have any safeguarding concerns about your child or any other young person at our school, please do not hesitate to contact us so that we can work together to keep our young people safe.



### **PSHE**

The overriding theme of this first term is Health and Wellbeing. In year 7, groups are focusing on transition to secondary school and personal safety inside and outside of school. In year 8 the pupils are considering alcohol and drug misuse and the pressures relating to drug use while in year 9 we build on this work by considering in more detail the impacts of peer influence and gangs. As they start their GCSE journey in year 10, pupils are looking at mental health and the stigma surrounding mental health while in year 11, they are looking forward in building for the future, considering self-efficacy, stress management and their future opportunities.

It is always useful to gain feedback regarding our pupils' experiences of this learning so please do take the opportunities to speak to them about what they have been doing. Lessons this half-term are in the extended tutor time on a Tuesday and any comments or feedback are always welcome.

### **Support Information and Services**

We have pulled together a range of services and sources of information relevant to both safeguarding and mental health/wellbeing. We are also aware that we have parents who work in these areas so if you are aware of services or support that we have not mentioned here, please do let us know so that we can add to our publication.

Working together we can support our young people, keep them safe and make sure they have the best opportunities to thrive.

Best wishes,

Ms A Walker  
Assistant Headteacher (DSL/Personal Development)