

Course Information



Cambridge Technical in Sport & Physical Activity Level 3 OCR

OCR Cambridge Technicals are a Level 3 qualification which is the equivalent to one A Level. They are designed with the workplace in mind and provide a high-quality alternative to A Levels. They combine assessment with exam and coursework elements and students have the opportunity to study a wide area of content. Students must pass both exam elements to gain the full qualification.

Vocational education is not just about results, it's about educating people in the knowledge and skills required for employment and for the community as a whole. It's also about developing the behaviors and attributes needed to progress and succeed in education and in work. The course can be taken as one option and is worth the same as one A Level .

The Course

Units in the Programme are selected by staff over two years and some are Mandatory and some are Optional. Units are split between teaching in Year 12 and In Year 13 one exam unit and one coursework unit is taken in Y12 whilst one exam and two coursework units are completed in Year 13.

Level 3 Cambridge Technical Certificate in Sport and Physical Activity Unit Guide

Unit no.	Unit title	How are they assessed?	Mandatory or optional
1	Body systems and the effects of physical activity	Exam	Mandatory (Y12)
2	Sports coaching and activity leadership	Internally set coursework	Mandatory (Y12)
3	Sports organisation and development	Exam	Mandatory (Y13)
5	Performance analysis in sport and exercise	Internally set coursework	Optional - (Yr 13)
8	Organisation of Sports Events	Internally set coursework	Optional
19	Performance in sport (Football)	Internally set coursework	Optional

Trips and the next step

During the course we hope there will be a number of off site visits and trips to leisure centres and gyms as well an expectation to study the Community Leaders Award within enrichment lessons in year 12. This includes activities and trips that have been organised and arranged by the students, recently to Ten pin Bowling and a golf driving range. The purpose of these trips is to fulfil the course requirements surrounding wider engagement and leading events and activities.

The course enables you to progress to a degree course or go into employment in a sports/performance related area, such as working as a coach and personal fitness training.

Further information

For more information on studying OCR Sport, discussing your suitability for the course or any other enquiries, please speak to either Mr Bennett or Mr Roberts.