

Course Information



A Level Physical Education

What is A Level Physical Education?

A Level PE is a continuation of topics and knowledge learnt in GCSE PE. There are two externally assessed exams which are worth 70% of the final grade, one coursework element and one practical element, these combining to be worth 30% of the final grade. Students are expected to be playing or coaching in Sport outside of School in order to be successful in A Level PE.

Assessments including 2 exams

Exam 1 includes 3 areas:

Section A: Applied anatomy and physiology

Section B: Skill acquisition

Section C: Sport and society

This is a 2 hour exam paper consisting of 105 marks and makes up 35% of the A Level

Exam 2 includes 3 areas:

Section A: Exercise physiology and biomechanics

Section B: Sport psychology

Section C: Sport and society

This is a 2 hour exam paper consisting of 105 marks and makes up 35% of the A Level

There are then two aspects to the Non Exam Assessment : Worth 30 %

1. Practical performance—Students are assessed as a performer or coach in the full-sided version of their sport in one activity.

Students will be assessed for all of the activities in the following skills:

- Area of assessment 1: Technical quality – aspect 1 (15 marks).
- Area of assessment 2: Technical quality – aspect 2 (15 marks).
- Area of assessment 3: Application of strategic/tactical awareness (15 marks).

2. Performance analysis assessment (analysis and evaluation).

Students can analyse and evaluate their own performance or the performance of another, as long as it is in an activity that is from the approved list on the A Level PE specification.

The course leads to:

A Level Physical Education is an excellent base for a university degree in sports science, sports management, healthcare, or exercise and health. Physical Education can also compliment further study in biology, human biology, physics, psychology, nutrition, sociology and many more.

A Level Physical Education can open up a range of career opportunities including sports development, sports coaching, physiotherapy, personal training or becoming one of the next generation of PE teachers. The transferable skills you learn through your study of Physical Education, such as decision making and independent thinking are also useful in any career path you choose to take.

For more information on A Level PE, or to discuss your suitability for the course, speak to Mr Bennett or Mrs Kaye